



# ICE SKATING INSTITUTE ASIA (ISIAAsia)

## Basic Level Test ( Pre-Alpha to Delta )

ISIAAsia No.	Skater Name	Birthdate	Coach Name
Testing Venue (ISIAAsia admin rink)		Test Date	Examiner Name

- Note: 1. Skater must pass each maneuver and at least 3 required postures with examiner signature for confirmation in order to pass the test.  
 2. Test requirements for each maneuver/posture and testing standard please refer to current version of ISI Handbook.  
 3. Put ✓ in the box provided for passing the maneuver or posture or put ✗ for not passing.  
 4. Examiner can grade several levels in one test form if the tests are taken on the same day.  
 5. Send a clear copy of a passed test form to [members@isiasia.org](mailto:members@isiasia.org) for test registration.

	Required Maneuvers	Posture	Examiner Signature
<b>Pre-Alpha</b>	Two-Foot Glide One-Foot Glide - Right Foot One-Foot Glide - Left Foot Forward Swizzle Backward Wiggle Backward Swizzle	<input type="checkbox"/> ( No posture is required ) <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="text"/>
<b>Alpha</b>	Forward Stroking Right Forward Crossovers – Right Foot over Left Left Forward Crossovers – Left Foot over Right One-Foot Snowplow Stop	<input type="checkbox"/> Back Straight <input type="checkbox"/> Knees Bent <input type="checkbox"/> Free Leg Extended / Toe Pointed <input type="checkbox"/> Arm Position <input type="checkbox"/> Hand Position	<input type="text"/>
<b>Beta</b>	Backward Stroking Right Backward Crossovers – Right Foot over Left Left Backward Crossovers – Left Foot over Right T-Stop – Right Foot Outside Edge T-Stop – Left Foot Outside Edge	<input type="checkbox"/> Back Straight <input type="checkbox"/> Knees Bent <input type="checkbox"/> Free Leg Extended / Toe Pointed <input type="checkbox"/> Arm Position <input type="checkbox"/> Hand Position	<input type="text"/>
<b>Gamma</b>	Right Forward Outside 3-Turn (1 Foot Turn) Left Forward Outside 3-Turn (1 Foot Turn) Right Forward Inside Open Mohawk Combination Left Forward Inside Open Mohawk Combination Hockey Stop	<input type="checkbox"/> Back Straight <input type="checkbox"/> Knees Bent <input type="checkbox"/> Free Leg Extended / Toe Pointed <input type="checkbox"/> Arm Position <input type="checkbox"/> Hand Position	<input type="text"/>
<b>Delta</b>	Right Forward Inside 3-Turn (1 Foot Turn) Left Forward Inside 3-Turn (1 Foot Turn) Forward Outside Edges & Forward Inside Edges Forward/Backward Shoot-the-Duck <u>or</u> Forward Lunge Bunny Hop	<input type="checkbox"/> Back Straight <input type="checkbox"/> Knees Bent <input type="checkbox"/> Free Leg Extended / Toe Pointed <input type="checkbox"/> Arm Position <input type="checkbox"/> Hand Position	<input type="text"/>

Comments

[www.isiasia.org](http://www.isiasia.org)

202005Basic



### ICE SKATING INSTITUTE ASIA (ISIAAsia) TEMPORARY RECEIPT

This is to acknowledge receipt of test registration fee by home rink/skating club

Member Name \_\_\_\_\_

Test Level Pre-Alpha / Alpha / Beta / Gamma / Delta

Amount Receipt \_\_\_\_\_

Date \_\_\_\_\_

( ICE RINK / SKATING CLUB STAMP )